Fitted Face Mask
Sewing Pattern

This fitted face mask pattern includes four sizes: X-Small (ages 3-6 years), Small (ages 7-12), Medium (teens and women) and Large (men). This mask is lined and has an opening to allow you to insert additional filtering material if you wish. A good filter insert would be a non-woven fabric or material. I used a coffee filter which was light weight, so it was easier to breath while adding an extra layer of filtration. You could also use a wipe that has been dried out or another piece of non-woven interfacing.

Materials & Supplies
● Main Fabric: Tightly woven cotton (such as quilter's cotton)- 7 x 14", prewashed
● Lining Fabric: Tightly woven cotton (such as quilter's cotton)- 7 x 14", prewashed
● Non-woven light weight fusible interfacing- 7 x 14" (Heat n Bond or Pellon)
● 16" of 1/4" flat elastic (14" for child sizes)
● Sewing machine
● Thread
● Scissors
● Water soluble fabric marker
● Iron
● Safety Pin

Before You Sew
● Prewash and dry fabric
● Use Adobe Reader to print pattern page. Print at 100%, No Scaling. Measure the gauge box on the pattern page. It should measure 1 inch.
● Seam allowance is 3/8".
● Cut fabric & interfacing per instructions on pattern pieces.

Detailed Instructions with photos can be found on the Stitchwerx Designs blog here.
A step-by-step quick sew guide starts on page 2.
Printable pattern pieces are on pages 3-6.

Disclaimer: While wearing a homemade face mask may not prevent someone from catching Covid-19, it can decrease the spread of large particles when someone who is infected sneezes or coughs.

You should wash and sterilize your face mask before and after use. Use a color safe bleach such as Clorox 2 in hot water. If you are inserting a disposable liner, remember to remove and discard the liner before laundering.
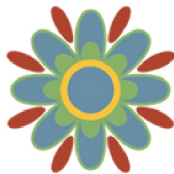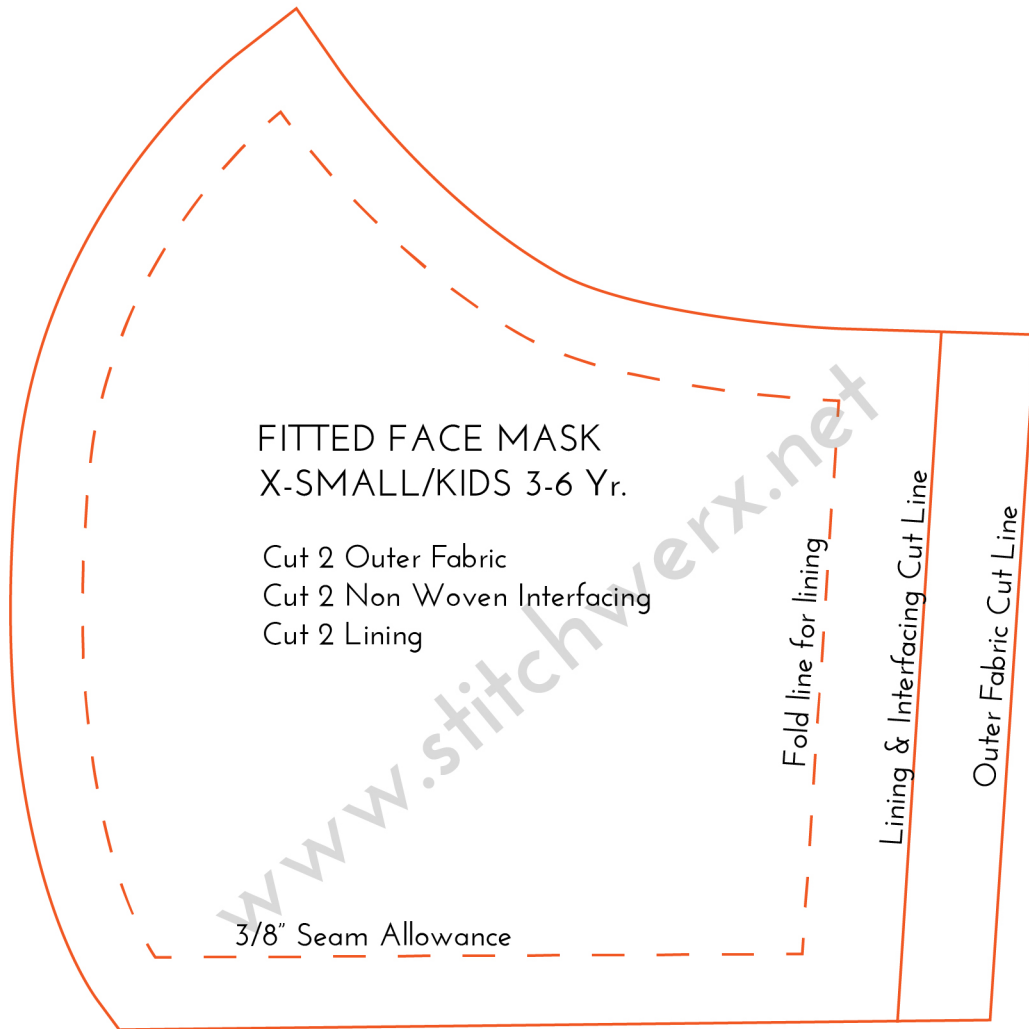
Quick Sewing Guide

1. Cut outer fabric, interfacing and lining as indicated on pattern pieces.
2. Fuse interfacing to the wrong side of outer fabric pieces.
3. Place outer fabric pieces right sides together and stitch center line. Repeat with lining fabric pieces.
4. Clip curves. Press seam to one side. (Same for outer and lining sections).
5. Top stitch 1/8" away from each side of the center line seam. (Same for outer and lining sections).
6. Fold left and right edges of lining on the fold line to the wrong side, tucking the raw edges under. Press.
7. Stitch vertically close to the folded edge to hold in place.
8. Place outer fabric and lining right sides together, matching centers. Sew together at top and bottom edges. Side edges are open. Note: the outer fabric should be extending 1" beyond the lining at the left and right edges.
9. Turn right side out. Press. Note: press down the raw edge of the outer layer along the seam allowance line where it extends beyond the lining.
10. Top stitch 1/8" from edge at top and bottom.
11. To make the casing for the elastic, fold raw edge of each side of outer layer 1/4" to the wrong side, then fold again so the folded edge meets the folded edge of the lining.
12. Stitch in place vertically, very close to the edge. Leave the top and bottom open so you can insert the elastic.
13. Cut 2 pieces of elastic 8" long. (7" for child sizes). Pin a small safety pin to one end of the elastic to help you insert elastic into the casing. Do this on each side.
14. Bring elastic ends together overlapping the edges about 1/4" and stitch together. Note: Make sure to turn the elastic ends toward the lining, so it will loop over the ears when sewn together.
15. Slide the elastic until the seam is hidden inside the casing.

Optional Bendable Nose Piece

You can use bendable flat jewelry wire or florist wire to make a nose piece. If you use wire, bend the ends in so they're not sharp. I had some old painting masks, so I was able to cut the bendable nose pieces off those to use on these new masks.
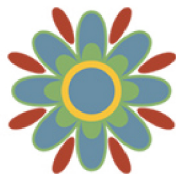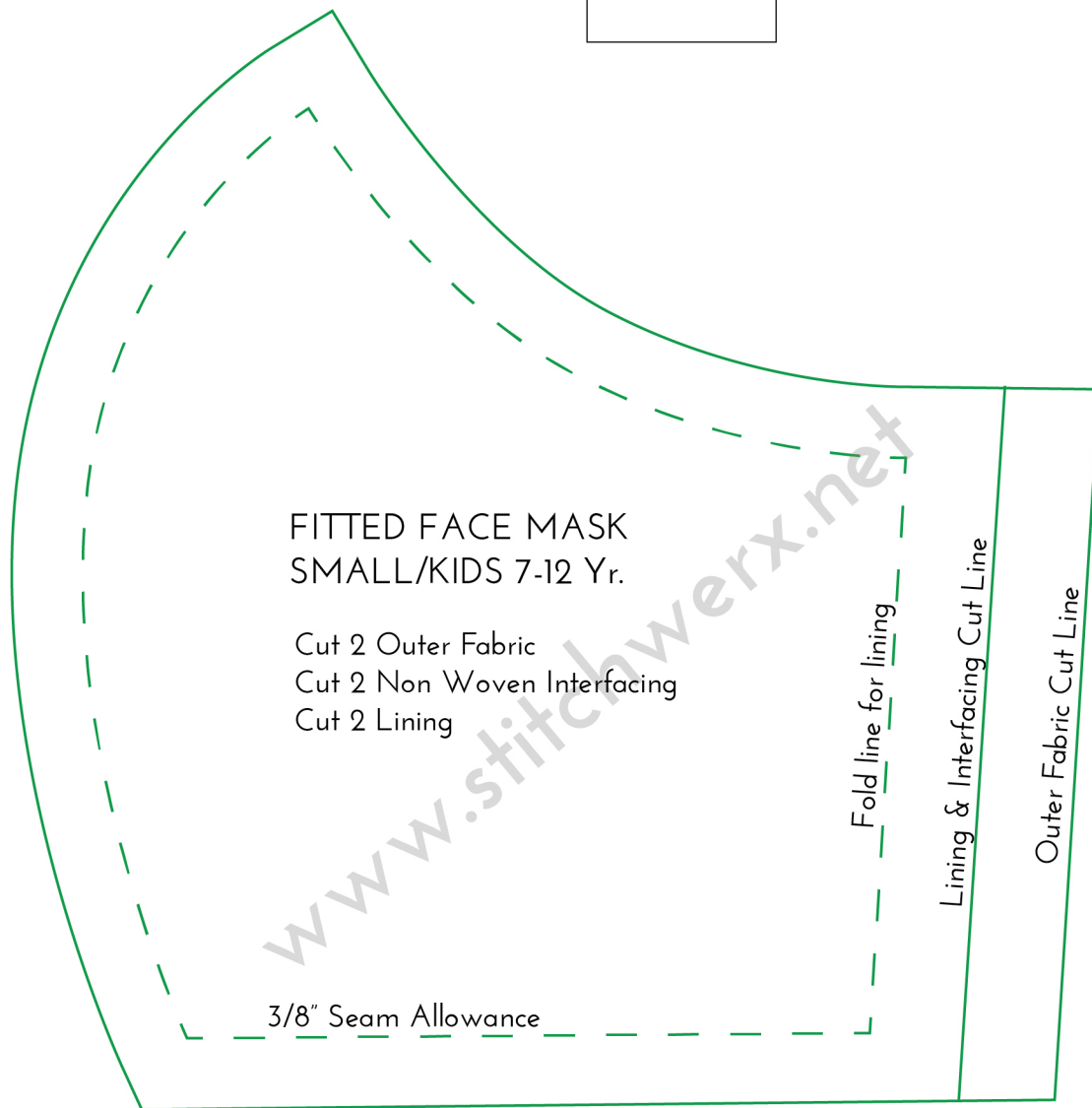
To make a pocket for the nose piece, mark the width of your nose piece (mine was 3") on each side, with a small dot 3/8" from the top edge. Start at the top edge even with one of your dots, sew down 3/8" to the dot. When you reach the dot, pivot, then continue sewing a line parallel to the top edge until you reach the other dot. Insert the nosepiece from the open side. Once you have the nose piece inserted, sew the open end from the top edge down to the dot. This will hold your nose piece in place.

FITTED FACE MASK
X-SMALL/KIDS 3-6 Yr.

Cut 2 Outer Fabric
Cut 2 Non Woven Interfacing
Cut 2 Lining

Fold line for lining

Lining & Interfacing Cut Line

Outer Fabric Cut Line

3/8" Seam Allowance

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1 Inch
Gauge
Box

FITTED FACE MASK
SMALL/KIDS 7-12 Yr.

Cut 2 Outer Fabric
Cut 2 Non Woven Interfacing
Cut 2 Lining

3/8" Seam Allowance

Fold line for lining

Lining & Interfacing Cut Line

Outer Fabric Cut Line

1 Inch Gauge Box
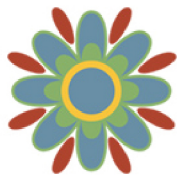
FITTED FACE MASK
MEDIUM/WOMENS

Cut 2 Outer Fabric
Cut 2 Non Woven Interfacing
Cut 2 Lining

Fold line for lining

Lining & Interfacing Cut Line

Outer Fabric Cut Line

3/8" Seam Allowance

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1 Inch
Gauge
Box

FITTED FACE MASK
LARGE/MENS

Cut 2 Outer Fabric
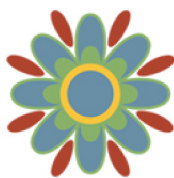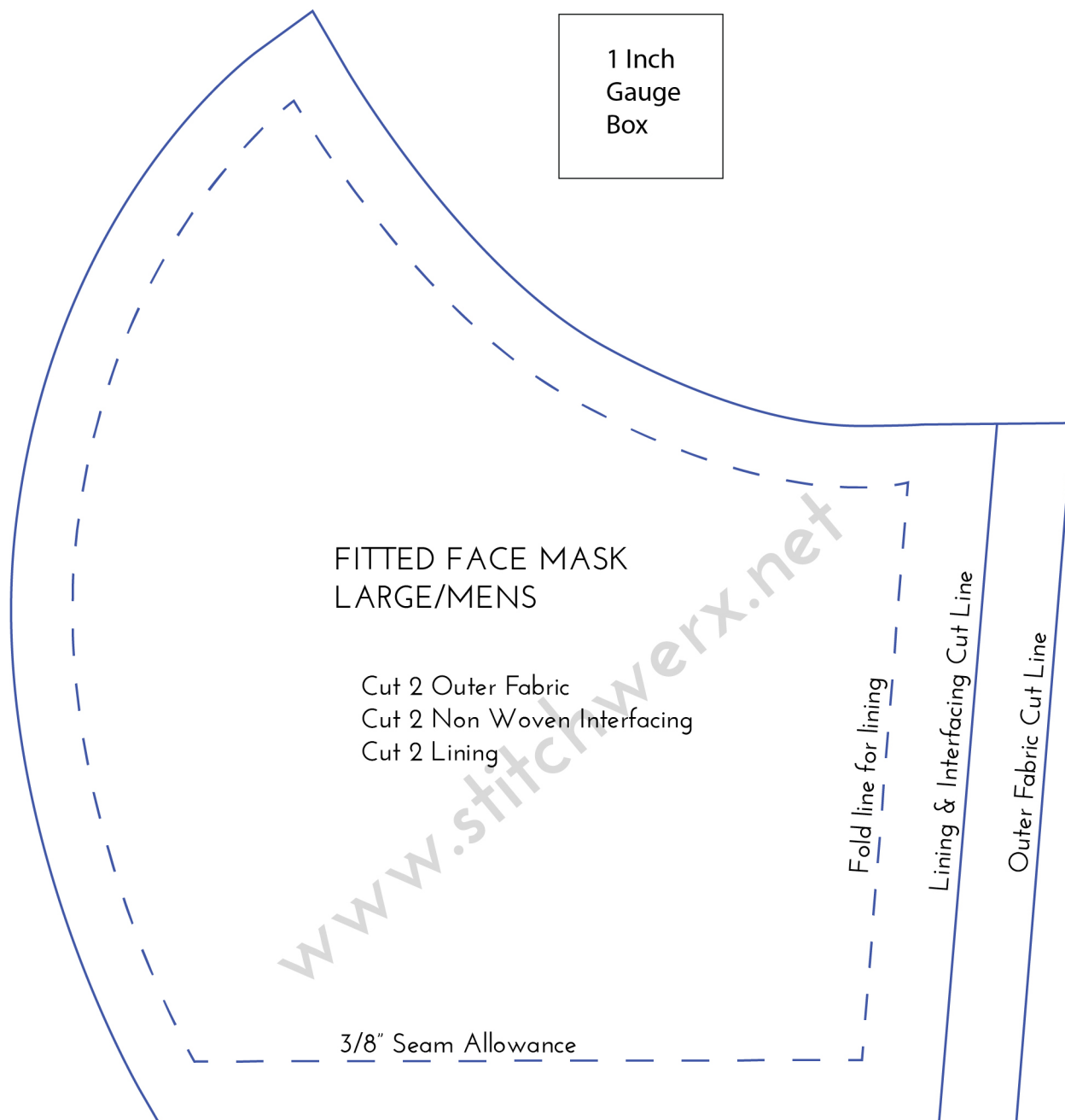Cut 2 Non Woven Interfacing
Cut 2 Lining

Fold line for lining

Lining & Interfacing Cut Line

Outer Fabric Cut Line

3/8" Seam Allowance

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If you like this pattern, please share your finished masks on Instagram and Facebook with the hashtag **#stitchwerxfacemask**! Thanks so much for using this Stitchwerx Designs pattern!

Happy Sewing!

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